



## Sports Spotlight Video: LIMIT 25 CLIPS

Pro Players Live in partnership with Flicko's Video Sports Vids, will produce for you, the best Spotlight Video, showcasing your skill set and abilities. Here are some requirements to get your video to Flicko's for editing.

For recorded clips on DVD you will need to convert it to a Video File format. You can convert your DVD by downloading the program "handbrake" from <http://handbrake.fr/>. This program will allow you to convert your DVD into an .mp4 file. You can then use the .mp4 file to note the times of the plays you want to use. For instructions to fine-tune the conversion process, see the instructions at the bottom of the page.

Some video cameras record video to its internal hard drive, already in a Video File format. In this case, each play will be its own video file, every time you start and stop the recording. Export the files from your camera to your computer and choose 25 of your best clips.

Now that you have your clips, you are ready to take notes. By watching the time code of your video or selecting individual clips from your camera's hard drive, you decide which clips you want. You should note the time code and a brief description of the play in a Word document, Excel sheet or a .txt file. Sometimes numbers are not visible and we need a description of exactly what you intend to showcase.

At the top of your "List of Plays" document, please include the following:

- 1) Full Name (same you used to create account on Pro Players live)
- 2) Position
- 3) Jersey Number(s)
- 4) Height
- 5) Weight
- 6) GPA
- 7) Email Address
- 8) Phone Number.

Once you have all of your files selected and properly noted in a Word, Excel or .txt file. Burn those items onto a DVD as data. Mark the face of the DVD with your name, phone number and email address.

Send your DVD and "List of Plays" to be converted into a great Spotlight Video. Click the Sports Vid Football Player button and place your order.

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Tips to fine-tune the conversion process.

- 1). In the Preferences Menu, choose the General Tab. At the bottom select .mp4 as the Default mp4 Extension.
- 2). When selecting Source, be mindful that if you have more than one chapter (Title) on your DVD, you will need to convert each title.
- 3) Once you have selected your title, choose Picture Settings at the top right. Click the Filters button and change Decomb to Default.
4. On the main screen be sure to have the Video Codec set to h.264.